

Study programme **Health Rehabilitation through Physical Exercise**

Study subjects and credits

**1<sup>st</sup> semester**

<b>No.</b>	<b>Subject/module</b>	<b>Credits</b>
1.	Fitness and Physical Exercise Science	12
2.	Contemporary Study of Non Acute Health Conditions	12
3.	Research work	3
4.	Methodology of Rehabilitation Research	3
<b>Total:</b>		<b>30</b>

**2<sup>st</sup> semester**

<b>No.</b>	<b>Subject/module</b>	<b>Credits</b>
1.	Socio-cultural Aspects and Management of the Health and Exercise (module): 1. Sociocultural aspects of health promotion 2. Physical activity and health	4 2 12
2.	Physical and Motor Ability Assessment Techniques	6
3.	Research work	6
4.	Methodology of Rehabilitation Research	6
<b>Total:</b>		<b>30</b>

**3<sup>rd</sup> semester**

<b>No.</b>	<b>Subject/module</b>	<b>Credits</b>
1.	Socio-cultural Aspects and Management of the Health and Exercise (module): 1. Physical activity and health 2. Management of the Health care	24
2.	Methodology of Rehabilitation Research	3
3.	Research work	20
4.	Final work	1
<b>Total:</b>		<b>30</b>

**4<sup>st</sup> semester**

<b>No.</b>	<b>Subject/module</b>	<b>Credits</b>
1.	Elective subject	6
2.	Elective subject	6
3.	Elective subject	6
4.	Elective subject	6
5.	Elective subject	6
<b>Total:</b>		<b>30</b>