

## Description of degree programme

Title of degree programme	National code
Health psychology	612S10007
Language of instructions	Mode of study and length
Lithuanian	4 years
ECTS credits length	Student's workload
240	6400
Contact work hours	Independent work hours
2760	3640
Study area	Degree and qualification awarded
Social Sciences	Bachelor in Psychology
Programme director	Contacts
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### Purpose of the programme

Health Psychology is a study program with the aim to educate competent bachelors in psychology with scientific insight, solid base of scientific knowledge in psychology and professional application skills in the field of personal and public health and well-being.

### Course structure diagram with credits

Subject	ECTS credits	Student's workload	Contact work hours	Independent work hours
<b>1st year</b>	<b>60</b>	<b>1600</b>	<b>720</b>	<b>880</b>
<b>1st semester</b>	<b>30</b>	<b>800</b>	<b>360</b>	<b>440</b>
Humanitarian and Social Sciences	10	267	120	147
Introduction to Studies	2	53	24	29
Professional Language 1	4	107	48	59
Introduction to Psychology	10	267	120	147
Elective courses	2	53	24	29
Elective courses	2	53	24	29
<b>1st year</b>	<b>60</b>	<b>1600</b>	<b>720</b>	<b>880</b>
<b>2nd semester</b>	<b>30</b>	<b>800</b>	<b>360</b>	<b>440</b>
Psychology of Communication	4	107	48	59
Neurophysiology and Biological Bases of Psychology	10	267	120	147
Professional Language 2	3	80	36	44
Basic Statistics	6	160	72	88
Human Ecology and Sustainable Social Development	4	106	48	58
Elective courses	3	80	36	44
<b>2nd year</b>	<b>60</b>	<b>1600</b>	<b>720</b>	<b>880</b>
<b>1st semester</b>	<b>30</b>	<b>800</b>	<b>360</b>	<b>440</b>
Quantitative and Qualitative Research Methods, Scientific Literature Analysis	5	133	60	72
Cognitive Psychology 1	8	213	96	118
Professional Language 3	3	80	36	44
Developmental Psychology	6	160	72	88
Elective course	4	107	48	59
Elective course	4	107	48	59
<b>2nd year</b>	<b>30</b>	<b>1600</b>	<b>720</b>	<b>880</b>
<b>2nd semester</b>	<b>30</b>	<b>800</b>	<b>360</b>	<b>440</b>
Cognitive Psychology 2	8	213	96	118
Coursework: Theoretical Problem Analysis	6	160	72	88
Health Psychology	6	160	72	88
Elective course	4	107	48	59
Elective course	2	53	24	28
<b>3rd year</b>	<b>60</b>	<b>1600</b>	<b>720</b>	<b>880</b>
<b>1st semester</b>	<b>30</b>	<b>800</b>	<b>360</b>	<b>440</b>

Clinical Psychology	10	267	120	147
Ethical Issues in Psychology	4	107	48	59
Psychiatry	6	160	72	88
Educational Psychology and Practice	6	160	72	88
Elective course	4	107	48	59
<b>3rd year</b>	<b>60</b>	<b>1600</b>	<b>720</b>	<b>880</b>
<b>2nd semester</b>	<b>30</b>	<b>800</b>	<b>360</b>	<b>440</b>
Crisis and Disaster Psychology	4	107	48	59
Coursework: Practical Case Analysis	4	107	48	59
Research Planning and Design	4	107	48	59
Psychological Assessment and Practice	8	213	96	117
Social Psychology	4	107	48	59
Health Care Systems, Economics, and Management	6	160	72	87
<b>4th year</b>	<b>60</b>	<b>1600</b>	<b>600</b>	<b>1000</b>
<b>1st semester</b>	<b>30</b>	<b>800</b>	<b>360</b>	<b>440</b>
Thesiswork 1	2	53	24	29
Work and Organizational Psychology	3	80	36	44
Behavioral Medicine	4	107	48	59
Counselling Psychology	10	267	120	147
Statistical Analysis in Psychological Research	6	160	72	88
Health Policy	3	80	36	44
Elective course				
<b>4th year</b>	<b>60</b>	<b>1600</b>	<b>600</b>	<b>1000</b>
<b>2nd semester</b>	<b>30</b>	<b>800</b>	<b>240</b>	<b>560</b>
Academic Writing	4	106	48	58
Thesiswork 2	10	267	0	270
Rehabilitation Psychology	5	134	60	72
Observed Practice	7	187	84	102
Elective course	2	53	24	29
Elective course	2	53	24	29