

## Description of degree programme

<b>Title of degree programme</b>	<b>National code</b>
Health Rehabilitation through Physical Exercise	621B30003
<b>Language of instructions</b>	<b>Mode of study and length</b>
Lithuanian	1,5 year (full-time)
<b>ECTS credits length</b>	<b>Student's workload</b>
90	2400
<b>Contact work hours</b>	<b>Independent workhours</b>
720	1680
<b>Study area</b>	<b>Degree and qualification awarded</b>
Biomedical sciences	Master's Degree in Rehabilitation
<b>Programme director</b>	<b>Contacts</b>
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### Purpose of the programme

The aim of the studies is to train qualified Masters of rehabilitation, able to implement the latest scientific and practical achievements in rehabilitation, to provide health promotion and rehabilitation of patients with cardiac or other chronic non-infectious diseases in non-clinical settings by applying physical exercise and lifestyle recommendations. The programme develops skills of doing research, analyzing and assessing the findings, determining their reliability, as well as skills of creating new methodologies of practical applications of physical exercise in health rehabilitation.

### Course structure diagrame with credits

Subject	ECTS credits	Student's workload	Contact work hours	Independent workhours
<b>1st year</b>	<b>60</b>	<b>1600</b>	<b>480</b>	<b>1120</b>
<b>1st semester</b>	<b>30</b>	<b>800</b>	<b>240</b>	<b>560</b>
Methodology of Rehabilitation Research	3	80	24	56
Fitness and Physical Exercise Science	12	320	96	224
Contemporary Study of Non Acute Health Conditions	12	320	96	224
Research work	3	80	24	56
<b>1st year</b>				
<b>2nd semester</b>	<b>30</b>	<b>800</b>	<b>240</b>	<b>560</b>
Methodology of Rehabilitation Research	6	160	48	112
Socio-cultural Aspects and Management of the Health and Exercise	6	160	48	112
Physical and Motor Ability Assessment Techniques	12	320	96	224
Research work	6	160	48	112
<b>2nd year</b>				
<b>1st semester</b>	<b>30</b>	<b>800</b>	<b>240</b>	<b>560</b>
Methodology of Rehabilitation Research	3	80	24	56
Socio-cultural Aspects and Management of the Health and Exercise	6	160	48	112
Research work and Defence of Master's Thesis	21	559	168	291
<b>Total</b>	<b>90</b>	<b>2400</b>	<b>720</b>	<b>1680</b>
<b>2nd year</b>				
<b>2nd semester</b>	<b>30</b>	<b>800</b>	<b>240</b>	<b>560</b>
Elective Subject	6	160	48	112
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